



PVSS Grade 9 Course Selection Form

This form is to be filled out by parents/guardians (Return to teacher by March 6, 2026)

Student Name: _____

Last Name

First Name

Grade 9 students must take English 9, Math 9, Science 9, and Social Studies 9. Students are automatically enrolled in these courses.

Students must choose one of the following (Please indicate your choice):

_____ Physical Education 9 **OR** _____ Active for Life 9 **OR** _____ Hockey Academy 9

Students have 3 electives to choose. Please note that Hockey Academy has a cost involved. Please contact PVSS for more information.

Choose 3 elective options:

| | |
|------------------------|-----------------------------|
| _____ Concert Band 9 | _____ Junior Trades 9 |
| _____ Dance 9 | _____ Mechanics and Metal 9 |
| _____ Drama 9 | _____ Rock Band 9 |
| _____ Food Studies 9 | _____ Visual Arts 9 |
| _____ French 9 | _____ Woodwork 9 |
| _____ Hockey Academy 9 | |

Just in case we are unable to accommodate the requests above due to timetable constraints, please choose two alternates.

| | |
|------------------------|-----------------------------|
| _____ Concert Band 9 | _____ Junior Trades 9 |
| _____ Dance 9 | _____ Mechanics and Metal 9 |
| _____ Drama 9 | _____ Rock Band 9 |
| _____ Food Studies 9 | _____ Visual Arts 9 |
| _____ French 9 | _____ Woodwork 9 |
| _____ Hockey Academy 9 | |

Parent Signature

Parent Name (Print)

Daytime Contact #

Additional Notes:

Elective Course Descriptions

Concert Band 9

This course is for any Grade 9 students interested in learning an instrument and being part of a band. There will be emphasis on technical development, tuning and intonation, and balance. Students will work on performance skills as a team. Students who missed band in Grade 8 are welcome to sign up for this course. The more the merrier!

Dance 9

This is a physically demanding, activity-based courses that emphasize individual growth of skills while prioritizing a teamwork environment. Come learn a fun new skill or refine your skills, while improving your fitness and flexibility levels while dancing to fun music with your friends! This course includes four main components:

- Technical skills and choreography training in jazz, hip hop, musical theatre, tap, modern/contemporary, lyrical, and partner dance genres
- Cardio, strength, and flexibility training
- Dance composition (how to choreograph) based on the fundamental elements of dance
- Final public performance in the semester-end dance gala show – mandatory!

Drama 9

Drama provides students with opportunities to explore human experiences through character and situations. All drama students are required to actively participate, collaborate with others, and demonstrate personal commitment. Drama is a fun and creative way to express ideas, emotions, stories, and characterizations through games, improvisation, skits, monologues, plays, performances, and skill and team building exercises.

Food Studies 9

In this course, you will have a chance to learn culinary essentials and have fun creating dishes that are healthy and delicious...giving you the skills to survive on your own! You will develop the foundational skills and knowledge to prepare food from “scratch” and confidently make healthy and positive choices involving food. Recipes during the semester will include baking, desserts, lunches, soups, snacks, breakfasts etc.! It is hoped that students will leave this course with an appreciation of simple food preparation and how integral it is to our lives.

French 9

French 9 is designed to provide opportunity and encouragement for students to build and master skills learned in French 8 and to continue to develop communication skills in reading, listening, speaking, and writing.

Hockey Academy 9-12

This program of choice is offered to any students in Grades 9-12 and involves enrolling in two courses. Please be aware that there is a cost of \$450 per student. Students may select this program when completing course selection and enrolling directly with the school. The program is offered inside the regular school day and within the school timetable and will include at least three hours of ice time a week at Sunbelt Arena, as well as tactical training, fitness, nutrition, leadership, and mentorship components that will occur off ice during the school day.

Junior Trades 9

Did you hear about the fun in Jr. Trades? Interested in learning valuable, hands-on skills? This course explores practical skills from 4 modules based on construction trades: carpentry, plumbing, electrical, drafting. Each module is introduced with technical knowledge and has students creating labs/activities from basic design and engineering principles. Great for students who think they might be interested in pursuing a career in the construction trades or who want to be versatile and have a broad range of hands-on skills. This course is run in conjunction with ITA curriculum.

Mechanics and Metal 9

Want to learn about how to repair mechanical things and build stuff from metal? This is an introductory course into understanding and repairing engines along with projects that give a taste of welding and fabricating with metal. The core mechanical work is tear-down and reassembly of small engines. Be a whiz with a lawnmower or dirt bike. Several small projects are constructed from metal including candleholders, pencil holders and small motors.

Rock Band 9-12

Rock Band is a course for those who like to sing and perform in a group setting. The purpose of this course is for beginner singers, guitarists, bassists, keyboardists, and drummers to explore many genres and realms of music. Groups will perform at occasions and venues appropriate to their level. There will be opportunities to sing and/or play guitar in small or larger groups. This course will explore music that is both old and new with student input. There is no prerequisite for this course.

Visual Arts 9

Visual Art 9 introduces grade 9 students to both two-dimensional and three-dimensional art forms. Students will explore drawing, painting, ceramics, sculpture, printmaking, and mixed media in an active, “hands on” environment. This course will provide a solid foundation in visual arts and will prepare grade 9 students for Visual Arts 10.

Woodwork 9

Are you ready for the big time? Woodworking in a full woodshop? This course is for students new to woodwork that are ready to step up to tools and processes used in grade 9 woodworking. It will include both traditional and innovative woodworking techniques using the latest CNC technology. Students will learn the safe operation of power equipment and produce practical and decorative projects. Students will add their own design input to instructor guided projects. Projects will include CNC Laser (computer designed) engraving projects. Projects in the past have included stepstools, bookshelves, name plaques, phone speakers and wooden toys.